HEALTH INFORMATION FOR STUDENTS

The Student Health Service
City has a nurse–led advisory service available to all students. We provide a drop-in clinic for advice with minor illness/injury, general health information and contraceptive advice including issuing free condoms. Emergency contraception is also available.

Appointments available in the morning only
Drop-in times 13:00-15:00 - no appointment necessary

If you have a medical condition, please make an appointment to see me to discuss your health needs while studying at City. Please note we have a rest room which you can use if you are taken unwell during the day.

Meningitis C Vaccination
If you are aged 24 or under we strongly recommend you have a Meningitis C Vaccine if you have not had one already. Meningitis is a serious infection which can affect students. The vaccine is available at the Health Service by appointment or via your GP. You are reminded that you should also make sure that you have all other UK recommended immunisations and particularly TB (BCG) and the MMR (measles mumps and rubella) www.immunisation.org.uk.

The MMR vaccination is also available at the Health Service.

Registration with a General Practitioner (GP)
It is very important that you are registered with a local GP during your time in London. If your former GP's practice is outside EC1 he/she will not be in a position to offer emergency services or refer you for specialist treatment if you develop any health problems. The GP practice with close links to City University London is:

The Clerkenwell Medical Practice, Finsbury Health Centre
17 Pine Street, off Farringdon Road/Exmouth Market, London EC1
T: +44 (0)20 7833 5906

Students living in halls of residences will have a copy of the practice leaflet enclosed in the pack. Please note you cannot use their services unless you register now. If you wish to register with the Clerkenwell Practice please complete the GMS1 registration form, the ethnic minority recording form and the Health Questionnaire.

You are at liberty to register with any other practice if you wish.
NHS Direct T: +44 (0)845 46 47 will advise you of other GP practices in the locality.
If you have any queries concerning health care and registration with doctors please contact the receptionist in the Health Service who will be happy to answer your queries. We look forward to seeing you at the Health Service and wish you a happy and successful time at City University London.

Chris Barnes
Chris Barnes RGN BSc(Hons),
Nurse Advisor for Student Health
WHAT TO DO IN THE EVENT OF AN EMERGENCY AT HOME

NHS Direct       T: +44 (0)8 45 46 47
This is a 24 hour nurse-led telephone advice service if you need advice on what you should do if you feel unwell.

Your GP
Your GP provides 24 hour access to emergency advice and treatment. It is important that you register with a GP to access this service.       T:……………………

Minor Injuries Unit       T: +44 (0)20 7601 7407
St. Bartholomew's Hospital, West Smithfield London EC1A 7BE
A drop-in service for treating injuries such as fractures, sprains or cuts. X-ray facilities available.
Monday - Friday    08:00 – 20:00

Angel Medical Practice NHS Walk-in Centre   T: +44 (0)20 7837 1663
(0.7 miles from Northampton Square Campus)
Ritchie Street Group Practice, 34 Ritchie Street
London N1 0DG
Monday - Friday 08:00 – 20:00 Saturday, Sunday & Bank Holidays 09:00 – 18:00

Accident & Emergency Department
In case of a serious accident or emergency you may go directly to the nearest Accident & Emergency Department at:

University College Hospital       T: +44 (0)845 155 5000
235 Euston Rd London NW1 2BU
The Royal London Hospital       T: +44 (0)20 7377 7000
Whitechapel Road, London E1 1BB
An ambulance can be called by dialling 999

USEFUL NUMBERS

Counselling Service       T: +44 (0)20 7040 8094
The University Counselling Service provides confidential individual or group counselling and is located in the Drysdale Building. Students may self-refer.

The Samaritans       T: +44 (0)8457 90 90 90
A 24 hour telephone helpline for anyone with emotional difficulties       E: jo@samaritans.org

Nightline       T: +44 (0)20 7631 0101
Telephone support for students with emotional difficulties run by students

Eating Disorders Association       T: +44 (0)1603 621 414

Victim Support       T: +44 (0)845 30 30 900

Sexual Health Clinics
St.Bartholomew’s Hospital, West Smithfield EC1
Confidential advice, investigations and treatment for sexually transmitted infections
Appointments       T: +44 (0)20 7601 8090
Nurse advice line and opening times       T: +44 (0)20 7601 7674

Family Planning Association       T: +44 (0)845 122 8690
National Drugs Helpline (FRANK)       T: +44 (0)800 77 66 00
Drinkline       T: +44 (0)800 917 8282

Eyesight tests       T: +44 (0)20 7040 8338
City University London Optometry & Visual Science Department. Sight testing and dispensing of spectacles and contact lenses.

Advice on the web
Web links to these and other support services for students can be accessed via the Student Health Service pages on the student intranet.